



Step Therapy Program

Patients must complete an adequate trial, typically 4 weeks, of a Step 1 prior to filling a Step 2 medication. The same applies when increasing from a Step 2 to Step 3 medication. An adequate trial will be evaluated based on prescription history, chart documentation, and prescriber authorization. When medically necessary for a patient to bypass a step, the prescriber can complete and submit a Step Therapy Override Form to 866-429-8920. For questions, please call 317-963-3347 or 877-769-0191.

Medication Class & Trial Length	Step 1	Step 2	Step 3
Antidepressants 4 weeks	Two generic SSRIs or SNRIs	a brand SSRI or brand SNRI	N/A
Bisphosphonates 4 weeks	alendronate (T1)	Actonel (T2), Boniva (T3), Fosamax (T3), Fosamax Plus D (T3)	N/A
Cox-2 Inhibitors 2 weeks	Two formulary non-selective NSAIDs	Celebrex (T2)	N/A
Intranasal Corticosteroids 4 weeks	fluticasone (T1), Nasonex (T2) AND Veramyst (T2)	Beconase AQ (T3), Flonase (T3), Nasacort AQ (T3), Omnaris (T3), Rhinocort Aqua (T3)	N/A
Ophthalmic Antihistamines 4 weeks	Alaway OTC (T1) or ketotifen OTC (T1) or Zaditor OTC (T1)	Pataday (T2), Patanol (T2)	other prescription ophthalmic antihistamines such as azelastine (T1), Elestat (T3), Optivar (T3)
Proton Pump Inhibitors 4 weeks	Three of the following: lansoprazole 30mg daily (T1), omeprazole 40mg daily (T1), pantoprazole 40mg daily (T1), or Prevacid OTC (T1) 30mg daily (lansoprazole solutabs (T1) only for children 7 years of age and younger)	Nexium (T3), Aciphex (T3), Dexilant (T3), Prevacid (T3), Prilosec (T3), Protonix (T3), Zegerid (T3)	N/A